



Date: May 28, 2020

Subject: Group Fitness & Water Exercise classes begin June 1

We are pleased to announce that a modified class schedule for Group Fitness and Water Aerobics will begin Monday, June 1, 2020. As always, our top priority continues to be the safety of our guests and staff. Due to guidance of the State of Louisiana Open Safely, there will be changes to our procedures to assist with the prevention of the spread of the COVID-19 virus. Sulphur Parks and Recreation will be taking, at a minimum, the following precautions:

- Class size is limited until further notice. People attending a class must check in for class at SPAR Membership Kiosk in person on the day of class.
- Designated spots are marked in rooms to promote physical distancing. Lane ropes will remain in the pool to assist with physical distancing.
- SPAR Instructors will enforce capacity and physical distancing.
- Everyone will be requested to wipe down equipment before and after class with disinfectant spray/wipes that are provided.
- Designated areas will be provided to place dirty equipment in until sanitized by employees.
- Some equipment will be unavailable. Yoga bolsters and blankets will be removed from the room.
- Everyone will be asked to bring their own sweat towel and spill-resistant/shatter-proof water bottles.
- Aerobic rooms will be available for SPAR scheduled Group Fitness Classes Only to allow cleaning between classes.
- Once the Recreation & Aquatic Center reaches 25% building capacity, new users will not be able to enter the building until the capacity drops below the 25% threshold of 500 users.

There may be additional precautions and adjustments made as we continue the planning process. Please continue following the CDC guidelines to stop the spread of COVID-19 and practicing good hygiene in public when returning to classes at the SPAR Recreation & Aquatic Center. We are excited to be able to serve you during this time and ask that you follow all guidance for you and our staff's safety.

Stay safe and healthy!

Steve Gayfield

Director